



JAARVERSLAG 2022

Annual report 2022



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FOREWORD



If the feeling of 2022 has to be captured in words they are: gratitude and impact! Grateful for all donors, large and small, staff, volunteers and partner organizations like Standing Voice. Everyone had a valuable part in the successes of our projects in 2022. The impact, the amount of children, students, fathers and mothers we have been able to help is enormous, unfathomable: thousands! And the good news is that we will continue in 2023 with these projects and with even on my wish list expanding to more countries where care for people with albinism is not as well managed!

Keep you posted!

Désirée Schoonen

PROFILE OF THE NGO

Stadhouderslaan 104
3761 EN Soest

BOARD

- Voorzitter : Sander Ligthart
- Penningmeester : Frank Bron
- Secretaris : Amber Schoonen

Working organisation

Executive Director : Désirée Schoonen
Coordinator Tanzania : Jonathan Nkwabi
Partnerorganisation : Standing Voice UK & Tanzania

VAT number 85 52 34 933

ANBI



The Inside The Same Foundation has been designated by the tax authorities as an Institution for General Benefit (ANBI). This allows donors to include their gifts in their income tax (IB) return. For those for whom the upper or lower threshold for deduction plays a role, a multi-year donation may be the solution. The intervention of a notary is no longer necessary. Each year for a period of five years a fixed amount is donated, which is fully deductible.

Who are we?

Inside The Same, a Dutch foundation founded in 2015 by Gabrielle de Graaf, mother of four children, two of whom have albinism.

After seeing a documentary about life with albinism in East Africa, she decided it was time for action!

The main goal is to help people with albinism. Here we focus mainly on East Africa, especially Tanzania.

With our projects we educate, protect and empower people.

We do this together with a network of volunteers and with local partner organizations.

What is albinism?

A rare, genetic disorder that results in little or no pigment in the skin, hair and eyes. As a result, the skin is white and the eyes are often light blue.

What does living with albinism mean in Africa?

Albinism occurs worldwide, regardless of nationality or gender.

In East Africa, albinism is common. In Tanzania, the risk of albinism is more than 15 times higher than in Europe.

Because of the lack of pigment, the skin is not protected from the sun, so it burns quickly and the risk of skin cancer is many times higher. There is very limited knowledge among the population about albinism and skin cancer and there is no protective sunscreen with SPF (Sun Protection Factor) available.

OBJECTIVES

Health

We help prevent skin cancer by educating and distributing sunscreens and conducting "skin checks.

Furthermore, we provide visual aids such as prescription glasses or magnifying glasses.

Empowerment

We create a safe place in society for people with albinism. Through our trainings they learn a trade and thus are financially independent. It is not only economic but also social empowerment; it makes them visible in society and enables them to participate fully. We see our Empower projects not as charity projects but as a sustainable solution.

Education

We give children a future because they can go to school and get an education. This makes them visible and part of the community. We create awareness and social change among the population. Education starts with awareness through school and village curricula and commitment from the government.

Our goal is to: give every child with albinism a secure future!

When you are born with albinism, you face a life full of challenges.

Especially if your cradle is in East Africa, where you stand out quite a bit with your milky white skin and hair.

People attribute supernatural powers to you; sometimes they fear you.

Your limbs are seen as medicine and are worth thousands of dollars.

The chance that you will be attacked or killed is real.

But an even greater danger lurks.

A stealth killer that kills 90% of these people before the age of 30.

The Sun.

FOCUS 2022

In mid-2020, we embarked on a new path for fundraising by professionalizing project plans and actively approaching (family) funds. This has resulted in a significant increase in income for 2022.

The focus on education & awareness of children through schools started in 2019. We continued this focus in 2021 and 2022. Together with our partner organization Standing Voice, we reached many school students, teaching staff and parents and caregivers.

We had two project that continued throughout the year.

1- The Skincancer Prevention Program: Save a Child! Preventing skin cancer through skin checks by dermatologists and providing prevention resources such as sunscreen with SPF50.

2- Vision & Education Program. Helping with the visual impairment caused by albinism through eye examinations and providing glasses, magnifying glasses, etc.. Educating and creating awareness.

3- Third is the Empowering project Mama Mzungu Soap Training where we trained 25 women a how to run a Soapmaking Business.

Working with reliable partner organizations has been very rewarding. This allows you to make much more impact and the reporting is good. We will certainly continue this in the future.

**Together you are strong,
you can share knowledge
and make more impact!**

INSIDE THE SAME

Project 1 details

Project:	Save a Child! Health Programme
Location:	Tanzania
Project Period:	2022
Reporting Period:	January – December 2022

Project goal:

This project aims to save the lives of children with albinism by giving them medical treatment against skin cancer. After treatment, these children are given protection against skin cancer for the future through preventative measures.

Mission

The mission of Inside The Same is to provide inclusiveness, good health and a secure future for people with albinism in East Africa.

Goal

Inside The Same focuses primarily on three core objectives:

- Education:** That every child with albinism can safely attend school.
- Empowerment:** That people with albinism are seen as worthy of their rights.
- Health:** That people with albinism have access to good medical care.

Context

The Issue

Albinism is not—and should never be—a death sentence. But with little melanin to protect their skin and poor access to sunscreen, people with albinism in Africa are dying every day because of the blistering tropical sun. Skin cancer is their silent, and greatest, killer.

To confront this crisis, the Skin Cancer Prevention Programme was launched in 2013. This expanding network of dermatology clinics now reaches over 8,500 people with albinism in 150 hospitals and health centres throughout Tanzania and Malawi every six months. Delivered by our team alongside local health workers, each clinic provides skin examination, cryotherapy, health education, minor surgery and further referral if needed. Patients also receive sunglasses, sun hats and a fresh supply of sunscreen at every clinic. In every country where we work, our goal is to support governments and civil society to build national programmes of skin cancer prevention that reach every region and serve the total population of people with albinism.

Declared best practice by the United Nations, this programme is delivered in partnership with the Governments of Tanzania and Malawi, and a network of supportive partners. In the locations where we have operated longest, we are winning the battle against skin cancer and seeing rates reduce by as much as 90%. With your support, we have been able to continue reaching people with albinism most in need. We will not stop until every person with albinism in Tanzania and Malawi is protected from this entirely preventable disease.

Join forces: Inside The Same & Standing Voice's

The partner organisation of Inside The Same is Standing Voice (SV). SV is one of the foremost international NGOs responding to the crisis of human rights faced by people with albinism and their families throughout Tanzania and Malawi. Working widely across health, education, advocacy and economic empowerment, Inside The Same has transformed thousands of lives in Tanzania. We have established clinical networks to treat visual impairment and prevent skin cancer; relocated children with albinism from segregated camps to inclusive schools and universities; and supported hundreds of adults to rebuild their lives through apprenticeships and training. Above all, we have worked to amplify the voices of people with albinism from grassroots community contexts through to the halls of the United Nations.

Project

This project aims to save the lives of children with albinism by giving them medical treatment against skin cancer. After treatment, these children are given protection against skin cancer for the future through preventative measures. Next, we give these children a perspective by giving them access to education.

Skin Cancer Prevention Programme (SCPP)

This report provides an overview of the key activities and outcomes of the Skin Cancer prevention Programme during 2022. This year we have expanded to 2 new regions of Tanzania and five new districts of Malawi, conducting mapping exercises and engagement meetings with government and civil society to ensure the full mobilisation of people with albinism and their duty bearers in the delivery of the SCPP. We have seen significant growth in the number of enrolled patients.

Skin cancer is the greatest killer of people with albinism in Tanzania and statistically a much greater threat than witchcraft-related atrocities. Marginalisation impedes their access to treatment, restricts the delivery of preventative education, and isolates patients from their families, communities, and caregivers. Obstacles to care have caused lethal delays in diagnosis and epidemic rates of skin cancer.

The Skin Cancer Prevention Programme (SCPP) targeting PWA in Tanzania and since 2021 is Inside The Same a partner in this project : a regular 6-monthly dermatology service operating in Govt hospitals nearest to patient's own communities. This free service offers people with albinism access to skin examinations by a Community Dermatologist, cryotherapy treatment to remove precancerous lesions, minor and major skin cancer treatment, sunscreen, UV-protective devices such as wide brimmed hats, sunglasses and umbrellas, and sun protection education. The SCPP is now active in 16 of Tanzania's 31 regions with 6.726 registered patients with access to regular healthcare. The SCPP is the largest Skin Cancer Prevention and treatment Programme existing for PWA in Africa today.

Referral management

The average age of a person referred for further treatment was 39 years, noticeably older than the average age of all registered patients, which is 19 in Tanzania. This is logical, given that older patients are more likely to have previously incurred sun-related skin damage, and have had more time for skin cancer and other malignant skin conditions to develop. Approximate gender parity was observed among referred patients, with a slight higher number of male patients.

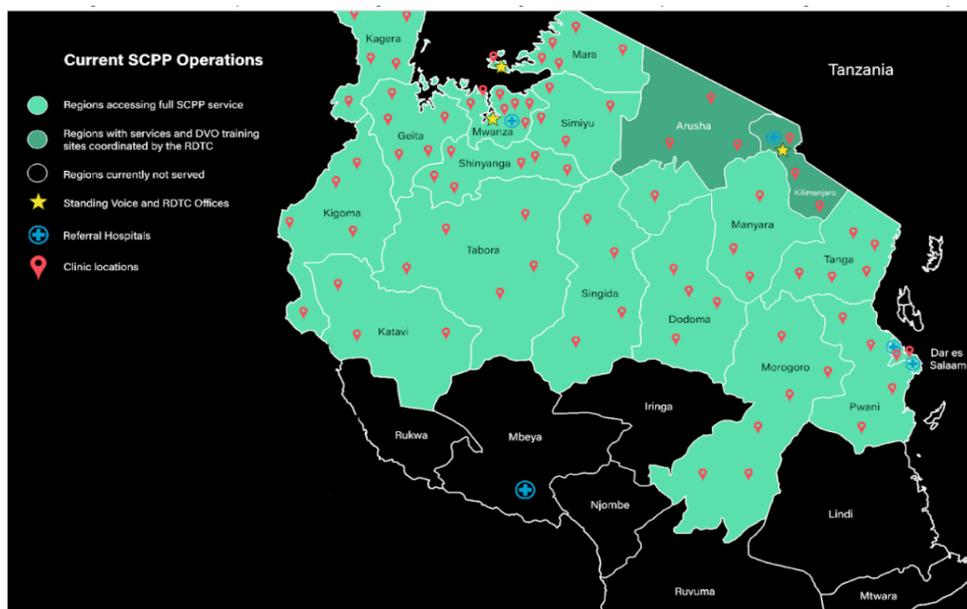


Sun protection measures

The SCPP has distributed thousands of sun-protective items in Tanzania and Malawi during this reporting period, including 8,889 locally made wide-brimmed hats, 534 umbrellas, 27,116 pots of sunscreen, and 4,064 UV protective sunglasses. The Umoja Training Centre tailoring group on Ukerewe Island, Tanzania produced locally made wide brimmed hats. We were able to meet demand and provide each patient with a new wide-brimmed hat.

Geographical Reach

The programme had registered 6.726 patients, We acquired 1.226 new patients. A total of 16 regions of Tanzania were reached during this reporting period and 203 clinics were delivered across the country.



This image shows the current geographical reach of the Skin Cancer Prevention Programme.

We are encouraged to see continued gender parity in our patient population, with women and men respectively comprising 50,8% and 49,2% of our patients in Tanzania. Younger age brackets continue to dominate our patient population in a manner that is consistent with the age distribution of the general population in Tanzania. Our average patient age is 19 and 63% of patients are aged 19 or below.

Screening and medical management

Clinical data from this reporting period shows that out of 7.425 examinations, 99 patients had severe erythema, 699 had moderate erythema, and 2.085 had mild erythema. Erythema, or skin redness, which is caused by sun damage is an early warning sign that patients may develop skin cancer over time if sun protection behaviour is not improved, however it's not as such an indicator of skin cancer. We also had 639 patients with multiple actinic keratosis (AKs) which resulted in 2.056 cryotherapy procedures (with an average of 4 AKs per patient).

Referral management

In 2022, 229 patients were referred for further treatment by dermatologists at SCPP clinics. Out of those 169 patients require minor surgery while 56 were referred for more advanced treatment at a major hospital in the country. The average age of a person referred for further treatment was 39 years, noticeably older than the average age of all registered patients, which is 19 in Tanzania. This is logical, given that older patients are more likely to have previously incurred sun-related skin damage, and have had more time for skin cancer and other malignant skin conditions to develop. Approximate gender parity was observed among referred patients, with a slight higher number of male patients.

Doctors found 339 suspected tumours in 229 patients, with. The body parts most affected in patients in Tanzania were face, ears, eyelids and upper limbs as well as back and shoulders.



Sun protection measures

We have distributed thousands of sun-protective items in Tanzania during this reporting period, including 8,889 locally made wide-brimmed hats, 534 umbrellas, and 14,816 pots of sunscreen. 3,795 Sunglasses were distributed through the SCPP in Tanzania during 2022.

The Umoja Training Centre tailoring group on Ukerewe Island, Tanzania produced a total of 3,940 locally made wide brimmed hats between January and June 2021. We were able to meet demand and provide each patient with a new wide-brimmed hat.

Educational resources

During this reporting period the SCPP delivered 386 educational awareness sessions in Tanzania, reaching a total of 18,047 people including patients and their friends, families, teachers and community representatives, with an average of 1.9 sessions per clinic.

Standing Voice has developed a wide range of educational resources; booklets, films, and pop-up theatre performances to train and educate patients, communities and service providers.

During 2022 we produced 13,250 education resources in the form of brochures, booklets and manuals for people with albinism, their families and service providers. 11,350 of these were for distribution in Tanzania, 1,100 were distributed in Malawi and 800 were for other African countries.



Skin Clinic on Ukerewe Island North Tanzania, Aug. 2022

Photo 1 registering, every patient comes ins our digital system, Photo 2 education material, photo 3 and 4 patient gets sunglasses and hat with wider brim. This is followed by skin check by a dermatologist at the medical center. There is no photo of this due to patient privacy.

As well as providing health education for patients, the SCPP promotes systemic change in Tanzania and Malawi by strengthening the ability of health workers to prevent and treat skin cancer in people with albinism. To support our training workshops for health professionals, which provide practical training in skin screening, cryotherapy and surgery, we have published a manual of best practice in dermatological care for patients with albinism.

Developed in collaboration with the International Foundation for Dermatology (IFD) and International League of Dermatological Societies (ILDS), this manual is the first ever internationally recognised resource enabling clinicians to deliver quality dermatological care to patients with albinism, specifically in African contexts. The manual targets consultant dermatologists, surgeons, dermatology officers, clinical officers and nurses. It aims to consolidate current learning and drive improvements in clinical practice for professionals working to support the dermatological health of people with albinism in Africa.

The manual was written by a number of global health experts from Tanzania, Malawi, the UK, the USA, Ireland and Spain. Its compilation was led by Dr Andrew Sharp, the Chairperson of the Standing Voice Advisory Board: a voluntary body of specialist dermatology professionals who guide the clinical direction of our programme and oversee its provision of training.

The manual, which is available in English and French and has been disseminated to health workers in eleven African countries including; Tanzania, Malawi, Uganda, Zimbabwe, Rwanda, Ivory Coast, Togo, Burkina Faso, Niger, Mali, and DRC.

RESULTS of Activities	
CLINICS	# = number
# of districts got clinic	16 districts (of Tanzania's 31 regions) clinics are delivered
# of delivered clinics	203 clinics
# of children got acces to skin cancer check/up	6.726 registered patients with access to regular healthcare.
#patients seen	7.425 patients
# of education awareness sessions	386 sessions

Community / PATIENTS	
# of community reached	8.282 people including patients and their friends, families, teachers and community representatives
# of new patients seen	1.226 patients
# of average age of patients	19 years: 59,8 % of the patients are aged 19 years(or below)
TREATMENTS SKINCANCER	
# of referred for further treatment by dermatologists at SCPP clinics	229 patients
# of children got skin cancer minor surgery	169 patients undergoing simple surgical procedures
# of undergoing complex surgical procedures	56 patients undergoing complex surgical procedure
# of cryotherapy procedures	2.056 patients
# of severe erythem (redness of the skin)	99 patients
# of sunprotective items	8.889 locally made wide-brimmed hats, 534 umbrellas,4.064 sunglasses 27.116 pots of sunscreen.

CASE STORY & pictures

Here are some more testimonies from young women.

Women have an extra hard time because they are blamed for having a child born with albinism. After often being disowned from the community, they are left to fend for themselves.

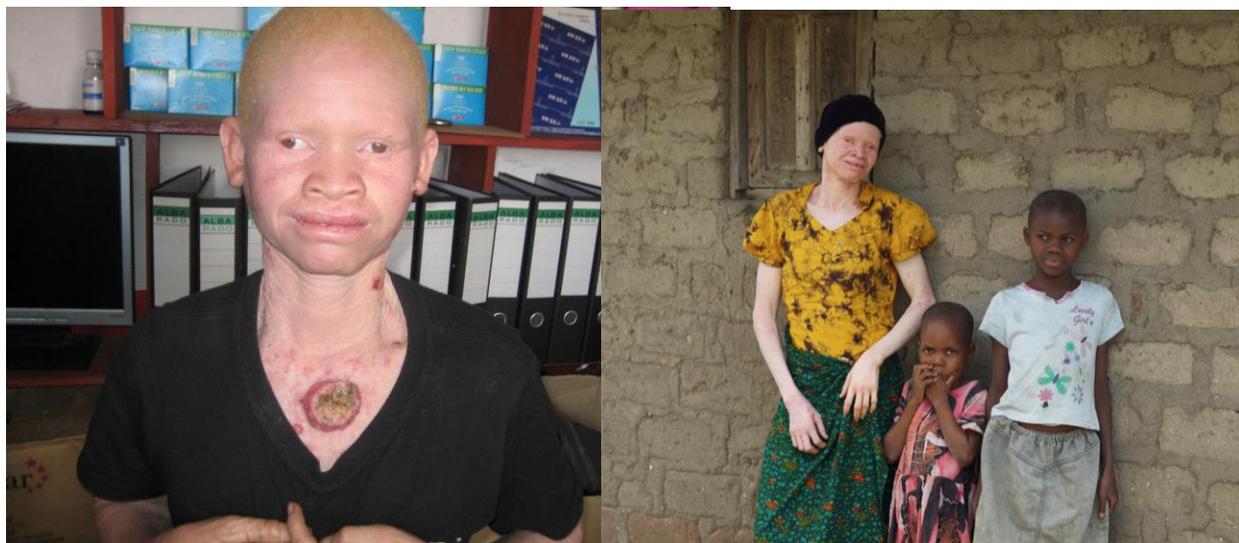
Dark-skinned women who bring a baby with albinism into the world are also often disowned.

The women below gratefully utilize the SCPP.

I also met all of them because with Inside The Same we also support these women by teaching them a trade, giving them on-the-job training so they learn to make soap that they can sell and thus generate their own income. Also, during my trip there was one of our Skicancer Clinics that I was able to visit.

Name: THEREZA PHINIAS

Mwanza Region (Age 37)

Diagnosed with malignant melanocytic melanoma & pleomorphic rhabdomyosarcoma.

“I know I’m lucky to be alive!

“Ever since I first attended the Skin Cancer Prevention Programme in 2013 and I started seeing a difference in my skin health. My skin looks the way it is today because growing up I never knew the best way to protect myself from the sun. I truly believe that if it wasn’t for the SCPP I would be dead by now. I have been referred for multiple skin cancer surgeries, which I could have never afforded. I now know why most People with albinism die before their 40th birthday”.

Being born with albinism brought chaos and endless conflict into Thereza's home: a family with no history of arguments suddenly argued regularly because she had albinism. Her mother had heard that tobacco would kill babies like Thereza, so she planned to end her life. She changed her mind only when someone told her that she would continue to have babies with albinism no matter what. After her parents divorced, her mother also left, leaving Thereza with her grandmother. At first, her grandparents took good enough care of her, but soon her other relatives convinced them to lock Thereza at home all day and treat her badly. Her relatives said they were embarrassed to be seen on the street with Thereza, and she was not allowed to go to school or church. Thereza is now a single mother of three children. The father of her first two daughters is not interested in their lives.

Since Thereza came in contact with Standing Voice, it has helped increase her self-esteem. She has moved into a new home with her children, received a grant to start a business and receives psychosocial support, vocational training and health care through Standing Voice's programs. Thereza is also a founding member of the Tanzania Albinism Collective, an acclaimed group of musicians with albinism founded in 2016.

Name: NEEMA BULUGU – Mwanza (Age 28) - Diagnosed with advanced SCC

SCPP saved my life!

Neema Bulugu, is 28 years old. She is married and the mother of a three-year-old son. She was the third in her family of four siblings, and the only one with albinism.

Becoming a tailor was her lifelong dream, but Neema was only in business for a few years before she was diagnosed with skin cancer and her health began to deteriorate.

Last year, she lost her second pregnancy while undergoing tough skin cancer treatments to save her life. After being diagnosed with multiple tumors and advanced skin cancer, she received continuous treatment at different hospitals. She underwent major surgery in late 2021 and radiotherapy in 2022.

“The SCPP is our lifeline. If anyone doesn't know the importance of it, then let them come and talk to me. In fact, I had lost hope, and this was because my cancer was so advanced and life threatening. For me, everything I have gone through in life shows that I am a human being, but deep in my heart I understood that the people around me including family members only wanted to show me kindness, love and care, but not with the aim of saving my life. I didn't think my skin cancer was treatable anymore, but with the help of Standing Voice, and the intensive treatment I have received at Bugando Medical Centre I'm still here today telling this tale!”



Vale



Eliada

Vale, 22, a young mother and farmer, was married to a man who did not have albinism. However, she recently divorced because she was not accepted by her husband's family. Inside The Same also met Vale during a the training.

Eliada, 37 years old, farmer, she recently separated from her husband because of the birth of a child with albinism. They have 7 other children without albinism. Her child also participates in the skin cancer prevention program.

Thanks

The Health Programme "Save a child!" is made possible only by the generosity of our partners and supporters. We extend particular thanks to Free a Girl USA, True Blue & Ineke Feitz stichting, whose invaluable support helped the Health Programme to reach new heights and new patients throughout the clinics of 2022.

INSIDE THE SAME

Project 2 details

Project:	Vision & Education Programme
Location:	Tanzania
Project Period:	2022
Reporting Period:	January – December 2022

Project goal:

The overall objective of the project collaboration is to promote an inclusive learning environment for children with albinism in a mainstream school setting. The specific objectives are:

- * Improved access to visual aids for students with albinism to enable equal and inclusive participation in the classroom.
- * Increase teachers' and the broader school community's knowledge of albinism and the specific needs of students with albinism to reduce barriers to learning.
- * Increased self-confidence among students with albinism by encouraging engagement with positive role models with albinism

Mission

The mission of Inside The Same is to provide inclusiveness, good health and a secure future for people with albinism in East Africa.

Goal

Inside The Same focuses primarily on three core objectives:

- Education:** That every child with albinism can safely attend school.
- Empowerment:** That people with albinism are seen as worthy of their rights.
- Health:** That people with albinism have access to good medical care.

Project

Vision and Education Programme

Many people with albinism are visually impaired as a result of their melanin deficiency. Untreated, visual impairment can undermine educational outcomes and restrict professional opportunities for people with albinism in Africa, damaging their economic security and forcing many into outdoor labour as subsistence farmers, where the risk of skin cancer is high. In Tanzania, limited affordability and availability of specialist optometry services together with systemic discrimination mean most people with albinism do not access the vision care and education they need. Most teachers are not trained to understand or manage the visual impairment of students with albinism in school.

Through delivering a clinical service of care, education, and training we improve the vision of people with albinism and strengthen the skills of their optometrists and teachers. Focusing mainly on students, the programme delivers large-scale eye-clinics that provide specialist low vision examinations, assistive devices including monocular telescopes and prescription glasses, and educational sessions and resources.

Project Background

Albinism causes a melanin deficiency that reduces pigmentation in the skin and eyes. Many children with albinism are born with complex visual impairment, with altered retinal (retina) development and nerve connections to the eye. With optometric services extremely limited in Tanzania, the visual needs of children with albinism are often overlooked. This can lead to serious consequences for educational participation and achievement. Many children with albinism are unable to read from standard distances or small, bright fonts in textbooks and on tests. They often need visual aids to fully participate in class.

In addition, many teachers and families lack the knowledge necessary to meet the specific needs of students with albinism. The resulting problems with school performance stigma and contribute to the general perception that children with albinism are not capable of high academic achievement and professional development as their peers without albinism. All too often, students leave school ostracized and uneducated, with a future of unemployment and poor economic prospects, perpetuating a cycle of poverty.

Project Objectives.

The overall objective of the project collaboration is to promote an inclusive learning environment for children with albinism in a mainstream school setting. The specific objectives are:

- (a) Improved access to visual aids for students with albinism to enable equal and inclusive participation in the classroom.
- (b) Increase teachers' and the broader school community's knowledge of albinism and the specific needs of students with albinism to reduce barriers to learning.
- (c) Increased self-confidence among students with albinism by encouraging engagement with positive role models with albinism

School outreach

The training workshops in schools within each region were delivered immediately after our comprehensive vision clinics. We got feedback from teachers that some students were struggling due to a shortage of assistive vision devices. Teachers across many schools have previously reported to us that some students have lost or broken their assistive vision devices. In some cases, the failure to mitigate these students' visual impairment has hindered their educational attainment and participation in class. We believe this delivery model makes our training more effective and practical, as students receive vision devices prior to the training and are able to practise with their peers and teachers on how best to use them in the classroom during the training sessions.

We have also developed a new component of our school outreach whereby inspirational figures with albinism are invited to schools as **'albinism heroes'** responsible for delivering special motivational talks to engage students and promote positive messages around albinism and personal achievement.

Braison Mwayinga, a gospel artist and winner of Bongo Star Search Contest 2022 and Judith Mpitata, a teacher by profession and well known advocate for students with special needs, joined our team to deliver the understanding albinism seminars for students. More concretely, they held motivational and educational talks during school assemblies reaching 3,600 students and engaged in one-on-one sessions with 87 students with albinism (45 male, 42 female). These talks focused on their vision, goals, core values, successes as well as challenges in their daily lives. As part of the seminar



sessions, we organised a talent show in each school where students were given the opportunity to perform and rewards were given out to the best talents. In addition, we screened two educational films - 'Jikubali' (Self-Acceptance) in secondary schools, and 'Moon, Shining Bright!' in primary schools. The feedback was overwhelmingly positive and students and teachers alike reported back to us that they greatly appreciated our visits, especially with bringing our two 'heroes' along, who were a big highlight for the students.

"I was so excited to talk to students as an inspirational figure. I talked to them about a lot of things that I went through during my educational path and my whole life. I talked about various academic and social challenges that I went through besides many different techniques that I used to overcome those challenges. I believe that the inspiration I provided will be fruitful because I showed them the ups and downs that they might come up against on their educational path. I did not forget to mention how important it is that they always remain confident (with no fear) when finding solutions towards any challenges they face. I strongly believe that students with albinism have a bright future ahead of them and thank you for offering me the opportunity to inspire them" -

Judith Mpitata, Teacher and Albinism Hero.

"In my inspirational talks, I specifically insisted that "disability can happen to anybody at any moment" completely out of the blue. Therefore disability should not be able to affect our passion. I spoke about my hard work that made me a successful winner of the 2022 National talent shows. Otherwise my talent could have gone wasted if I did not have the passion to explore. I also encouraged students with and without disability to always remain passionate to pursue their professional and personal accomplishments despite the many constraints along the way. Many thanks and I would suggest that we expand the talks to many other schools to achieve a wider impact" -

Braison Mwayinga, Gospel Singer and Albinism Hero.

Press conference

We organised a **press conference** on 13th June in Arusha to widen the media footprint of the project and reach a wider national audience. We had a total of 120 people in attendance, with the Director from the Prime Minister's Office for Labour, Youth, Employment and People with Disability among the attendees. Other guests included the Acting Deputy Director for Social Welfare services from TAMISEMI, Regional and District Social Welfare Officers, Regional Eye Coordinator for Arusha, National and Regional TAS Leaders, Regional Medical Officer for Arusha, Local Government leaders, Headteachers, teachers and students. We distributed information about the programme, plus the Understanding albinism and Moon booklets to all participants.

In his remarks, the Director from the Prime Minister's Office expressed his appreciation of the programme and spoke of our commitment to providing high quality services that complement the work of the government. He insisted to PWA across the country to always wear sun protective clothing and promised that the government would work closely with all the partners to ensure that the plight of PWA is addressed accordingly.

Key Achievements in 2022

Region	Number of patients seen				
	Male		Female		Total
Mwanza (includes Shinyanga)	288		292		580
Arusha (includes Kilimanjaro)	163		178		341
Dar es Salaam (includes Pwani)	231		261		492
Dodoma	113		87		200
Tabora	123		115		238
Total	918	49.6%	933	50.4%	1,851

Total people with albinism supported: 1,851

*The Vision Programme delivered five large-scale eye clinics in 2022, serving 1,851 people with albinism in total. Patients were mobilised in the five regions where clinics were held – Mwanza, Arusha, Dar es Salaam, Dodoma and Tabora – but were also drawn from the neighbouring regions of Shinyanga, Kilimanjaro and Pwani. In terms of patients served, the Vision Programme therefore reached eight regions in 2022.

*All patients received a one-to-one consultation and eye examination from a trained optometrist, education on albinism and visual impairment, and resources and devices to support their management of low vision in daily life.

Assistive Vision Devices Prescribed or Distributed	
Prescription glasses	1,235
Sunglasses	3,795
Monocular Telescopes	1,084
Glasses cases	1,195
Magnifiers	22
Total	7,331

Total assistive vision devices prescribed or distributed: 7,331

*Throughout 2022, we prescribed or distributed 5,307 assistive devices including 1,235 pairs of prescription glasses, 3,795 pairs of sunglasses, 1,084 monocular telescopes, 1,195 glasses cases and 22 magnifiers.¹ These devices will transform the ability of patients to study and work, and alleviate barriers to participation in everyday tasks.

Educational Resources Distributed	
Understanding Albinism Booklet	1,823
Moon Shining Bright Picture Book	1,547
Teachers' Booklet	250
Total	3,620

Total educational resources distributed: 3,620

*The Vision Programme continues to provide an important avenue for the dissemination of specialist educational resources to support people with albinism and their families and teachers. These resources were disseminated at eye clinics and directly in schools throughout 2022. They included:

*An information booklet for people with albinism called 'Advice and Support for People With Albinism, Families and Caregivers' – 1,823 copies distributed

*A children's story and picture book (written by Dutch illustration duo Happy Made By) called *Moon, Shining Bright!*, which centres around the life of a fictional young girl with albinism called Moon – 1,547 copies distributed

*A teacher training booklet called 'Albinism: An Information Booklet for Teachers' – 250 copies distributed

*We have also begun using a projector to screen educational films about albinism and human rights in waiting areas at clinics. We recently screened the animated adaptation of *Moon, Shining Bright!* – which was developed by Inside the Same, and won the 2021 Watoto International Film Festival in Zanzibar – as well as *Jikubali*, a documentary funded by the Swedish Institute Creative Force and co-produced by Standing Voice, the Tanzania Albinism Society, and Imagine What We Can Do.

*By sensitising patients and their duty bearers to understand and address the challenges arising from life with albinism in Tanzania, these written and visual resources play a critical role in enabling thousands of people with albinism to take charge of their health and claim their rights.

Teachers trained: 167

*Throughout 2022, the Standing Voice Team delivered specialist training on albinism and inclusive education for 167 teachers across 15 schools in Tanzania. In each of these schools, our staff conducted 'barazas' and parades to build knowledge of albinism across the student body. We estimate that 4,500 pupils and a further 9,000 family and community members of these students were reached across these engagements.

Students reached through hero visits: 4,500

*In addition to eye clinics, we were delighted to introduce a new component of the Vision Programme in 2022. In partnership with 15 schools engaged by the Vision Programme, we coordinated a series of Hero Visits whereby inspirational figures with albinism were invited to schools to deliver special talks to engage students and promote positive messages around albinism and personal achievement. Conducted in parallel with our main clinical programme, this series of events delivered one-to-one support for 87 students with albinism while delivering wider sensitisation to 4,500 students across the target schools.

Testimonies



Nicodemo Zakayo from Nguruma, Arusha Rural says:

"I am so happy with the services you are giving us. Many years ago it was difficult for me to access eye clinics, but now it is easier for me and I am grateful".



Monica Mbando from Moshi, Kilimanjaro says:

"In the past years there was no critical knowledge about albinism, or the vision challenges facing people with albinism. With these vision clinics there is a gradual change in the thinking and perceptions of many people in the community. Trainings are vital parts of the clinics to bring about positive change".



Emerenciana John from Karatu District Arusha Tanzania says:

"I have come today for the Vision clinic. I am so happy because the service is very good and I have received good treatment from everyone. I am so glad I now have reading glasses and sunglasses".

Teacher Testimonials

“Many students are now encouraged to wear long-sleeved clothing, whereas previously most of us teachers were not aware of the risks of UV radiation and the skin cancer situation for these students.”

“I have learnt how important it is to listen to students with albinism. We can then understand their needs and find ways of helping them to excel in their academic goals.”

“I have shared my knowledge on albinism and low vision with the entire student community. This is an impact from the Standing Voice training program for teachers and I have enjoyed imparting this knowledge.”



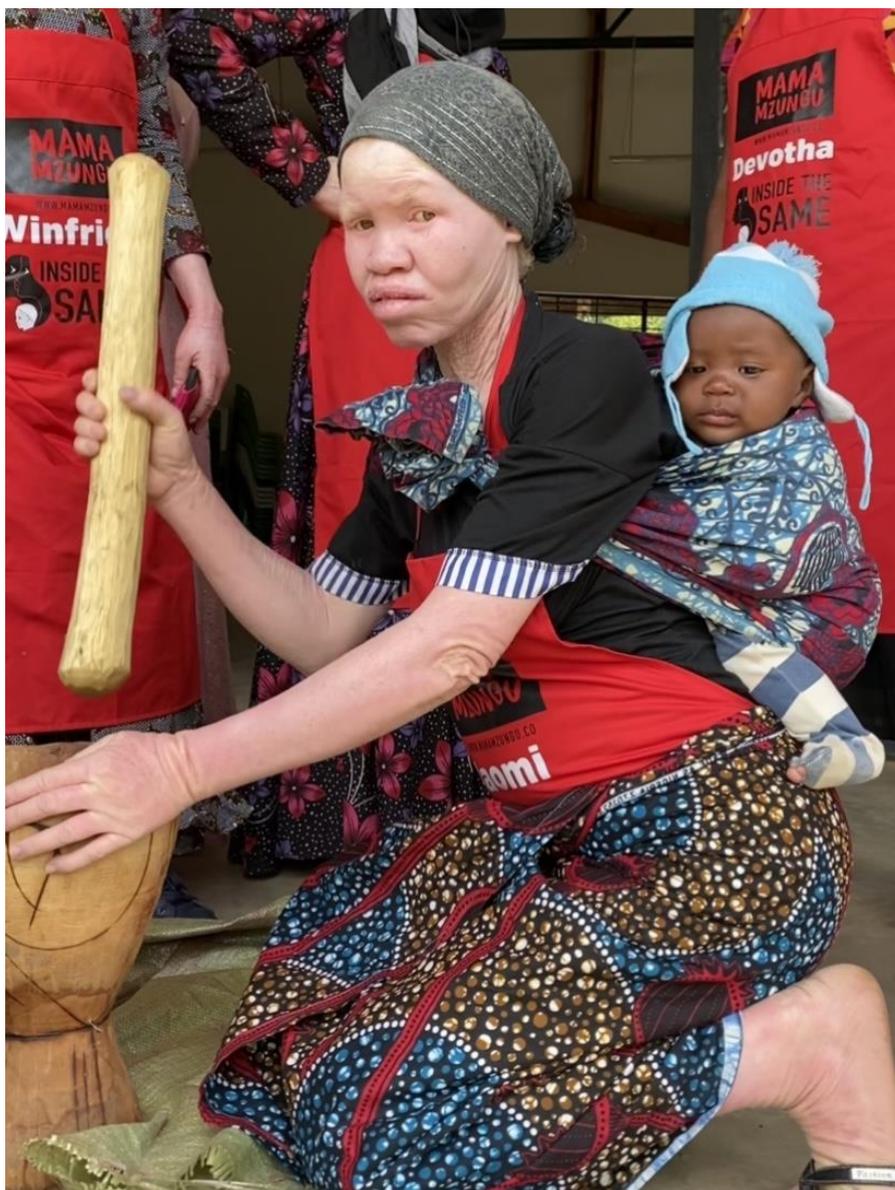


Photocredit: Teacher Tuju with Désirée (director of Inside The Same) and pupil Goodluck

Thanks

The Vision Programme is made possible only by the generosity of our partners and supporters. We extend particular thanks to Familiefonds Wierda-Baas for the support of the Tabora event, Free a Girl USA, Wings of Support, the Pierre Fabre Foundation, Essilor Vision for Life, and the British and Foreign School Society, whose invaluable support helped the Vision Programme to reach new heights and new patients throughout the course of 2022.

SOAP TRAINING MAMA MZUNGU



INSIDE THE SAME

Project 3. details

Project:	MAMA MZUNGU
Location:	Tanzania
Project Period:	2022
Reporting Period:	January – December 2022

Project goal:

Woman Empowerment. The social impact of learning to manufacture Mama Mzungu beauty products is great. Not only do we create jobs and sustainable income for women with albinism, but their children and grandparents also benefit financially and socially. This gives them a full place in society, teaches them leadership in their lives full of challenges and allows their children to attend school.

Mission

The mission of Inside The Same is to provide inclusiveness, good health and a secure future for people with albinism in East Africa.

Goal

Inside The Same focuses primarily on three core objectives:

- Education:** That every child with albinism can safely attend school.
- Empowerment:** people with albinism are seen as worthy of their rights.
- Health:** That people with albinism have access to good medical care.



Project 3

Target group

Women with albinism. Mothers with children with albinism.

Cooperating Partners

The partner organization of Inside The Same: Mama Mzungu Uganda (MMU) is part of Mama Mzungu UK (MM UK). Together they will provide training, transfer knowledge and continue to monitor the project on a monthly basis. Standing Voice Tanzania will provide the participant selection and co-facilitate the training venue.

Nb. Natural beauty cosmetics Mama Mzungu Uganda has been in existence since late 2018 and is a profitable social enterprise run by women with albinism in Uganda.

Project Description

14-day training to 25 women with albinism. The training is delivered by founder Monica Norley MM UK and Diana Bakuyita and Doreen Naweje of MM Uganda.

During the training the women will learn how to manufacture natural beauty products. We start with a basic training and continue with an advanced training where we also work with essential oils. During the basic training each woman learns how to make soap and how she can use it for household purposes or sell it on a small scale in her community. Those who wish to commit themselves to Mama Mzungu Tanzania after successful completion of the training will learn to make beauty products professionally. All products are made with local and natural ingredients. These products are pieces of soap, body balms and lip balms. The women will also learn to use a sewing machine to make soap bags.

Labels and other marketing materials have already been developed we can take over from MMU.

Language of the training will be Kiswahili and English for the correct transfer of knowledge.

Social

The social impact of learning to manufacture Mama Mzungu beauty products is great. Not only do we create jobs and sustainable income for women with albinism, but their children and grandparents also benefit financially and socially. This gives them a full place in society, teaches them leadership in their lives full of challenges and allows their children to attend school.

Sustainable

Mama Mzungu is a natural and sustainable (sustainable) beauty line.

Sustainable shampoo bars and soaps that are good for people and the environment.

Mama Mzungu Tanzania is a social enterprise with a profitable and sustainable character.

Selfsufficient

Mama Mzungu Uganda (MMU) established in late 2018 is a has proven to be a sustainable, self-sufficient and profitable business. MMU now employs 13 women, has been able to build more production space and expand their product line with the profits. We have entered into a partnership with MMU who shares its knowledge with Inside The Same and together we are rolling out the Mama Mzungu success formula in Tanzania as well.

With this we stimulate the sales of the products so we can train new 'mamas' to meet the demand. The above is a guarantee for the future as a proven-good running concept.

Side effects

We not only strive for a project that is self-sustaining, but that can also boost other projects.

Think of new schools, logistics companies and local farmers. Another important side effect is that through this project these women are seen as full-fledged, role models and become visible in society (instead of being ostracized from the community).

Selection of the participants

A good selection of participants is crucial for the success of this project. Therefore, a partnership has been established with Standing Voice (SV) in Mwanza for this purpose. ITS has been working with SV with albinism education programs for years. SV selects on the following criteria: Participants must have the intention to 'want to learn a trade' and to earn an income from this. Characteristics such as determination, good work ethic and at least one participant must have a good command of English are considered in the selection. This is for the communication with MMU. The application was for 20 women. In the end, 25 enthusiastic women were able to participate in the training. 15 women from mainland Tanzania (Mwanza region) and 10 women from Ukerewe Island.



The participants: Nice to meet you...





Trainers Doreen & Diana

Preparation

Because the preparations and selection of candidates took a little longer, we started the training in early September 2022 (instead of Mai). After arriving in Tanzania we started the preparations in Mwanza. On the local market we bought all the ingredients together with the trainers Diana & Doreen. Mwanza is a fairly large city so here we were able to get everything from fresh peppermint, cinnamon, raw honey to African fabrics for the soap bags.

The training

We spent 14 days working with a great group of women. There was plenty of time to get to know each other and hear the (often harrowing) stories about their lives. Doreen & Diana were also able to teach these women a lot from their own experiences, which was also very much appreciated by the participants. We started with a basic training on soap. The mornings started with theory and in the afternoons they could work with the ingredients such as zipping the leaves of the mint which was later ground by hand in a mortar. Or grating the peel of oranges that were dried and incorporated into the soaps. Later we covered hygiene and safety precautions during soap making. Furthermore, we also shared knowledge on how to handle inventory, purchasing and accounting.

The mutual atmosphere was very good and some of the women knew each other.

As the days passed, it became clear who are the natural leaders and who like to execute.

Two women: Helena and Devotha spoke good English and translated everything throughout the training.





And how to proceed?

The women have made a division among themselves. The women who live on Ukerewe Island may continue to use Standing Voice's location if they want. They make the luffas (kind of scrub glove made from a 'fruit' that grows wild there) we also planted seeds at the training center and the women hand sew the soap bags. We taught them how to do this by hand so anyone can just do this at home without needing a sewing machine. We also found out that two women (Florentina & Averina) have a lot of fun and skill in braiding the "coin-purses".

We got a work space at our disposal in Mwanza for free through Standing Voice. After the training, we joined the women from Mwanza to thoroughly clean and furnish our new work space with our items such as the soap molds, ingredients, buckets of spatulas and the soap cutters. Now 6 months later, of the women from Mwanza, there are 11 women left who meet weekly and work for Mama Mzungu. Together with the two women from Ukerewe, that leaves 13 women doing work for Mama Mzungu. This is significantly higher than the 5 or 6 women we had counted on.

Challenges for the future

As previously stated in the application, the training project is closed. However, there is weekly contact with Inside The Same, Doreen & Diana. Helena, has stepped up as the leader and she is the one keeping track of the finances. The challenge now is sales and orders. Locally, some sales are being made but that is not yet putting a foot forward. That is why Inside The Same and Mama Mzungu Uganda is helping with sales to Safari lodges and to companies in Europe. There has already been a first order from Italy to which the first soap badges have been sold. The economic crisis and the war in Ukraine are also a lot of challenges for our women now that the prices have risen considerably. Fortunately, the tourism sector is picking up, so we expect some orders this year.





Special Thanks

Joining forces is great! Thanks to the funding of stichting Den Brinker, Taka Tuka & Van der Hucht-De Beukelaar. We made this project happen. A big hand to Doreen and Diana & Monica from Mama Mzungu Uganda for their affords. Standing Voice is the partner organization in Tanzania of Inside The Same. Because of their commitment and unconditional support, this project was able to take place and became a success! For this we are very grateful!

CACHCA

Administratie, Belastingen en V.v.E. Beheer.

JAARREKENING 2022

**Stichting Inside the Same
Stadhouderslaan 104
3761 EN te Soest**

**RSIN 85.52.34.933
KvK 63434172**

Jaarrekening 2022

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Balans per 31 december

	31-12-2022		30-12-2021	
	€	€	€	€
ACTIVA				
<u>Vaste Activa</u>				
Materiële Vaste Activa	<u>0</u>	0	<u>0</u>	0
Vlottende activa				
<u>Vorderingen</u>				
Debiteuren	0		0	
Overige vorderingen	<u>0</u>	0	<u>0</u>	0
Voorraad		0		0
Liquide middelen		22.119		3.528
		<u>22.119</u>		<u>3.528</u>
PASSIVA				
Aalgemene Reserve				
Kapitaal per aanvang boekjaar	3.528		12.925	
Dotatie Reserve	18.000		0	
Onttrekkingen Reserve	0		-9.000	
Resultaat	591		-397	
Individuele Reserve	<u>0</u>		<u>0</u>	
Totaal Vermogen		22.119		3.528
Kortlopende schulden				
Kortlopende schulden		0		0
Overlopende passiva		0		0
		<u>22.119</u>		<u>3.528</u>

Winst- en verliesrekening over

	2022		2021	
	€	€	€	€
Omzet				
Omzet en Overige opbrengsten		123.595		7.621
Kosten				
Afschrijvingen	0		0	
Algemene kosten	<u>122.755</u>		<u>16.758</u>	
Som der bedrijfskosten		122.755		16.758
Rentebaten	0		0	
Rentelasten	<u>250</u>		<u>260</u>	
Som der rentebaten- en lasten		<u>-250</u>		<u>-260</u>
Bruto Resultaat		<u>591</u>		<u>-9.397</u>
Af: Dotatie Reserve		0		0
Bij vrijval/ opname uit Reserve		0		9000
Netto resultaat		<u><u>591</u></u>		<u><u>-397</u></u>

Toelichting op de Balans per 31 december

Vaste activa	31-12-2022		30-12-2021	
	€	€	€	€
<i>Materiële vaste activa</i>				
<u>Activa 1</u>				
Aanschafwaarde	0		0	
Afschrijvingen eerdere boekjaren	0		0	
Aankopen boekjaar	0		0	
Verkopen boekjaar	0		0	
afschrijvingen huidig boekjaar	0		0	
Boekwaarde per 31 december	0	0	0	0
<u>Activa 2</u>				
Aanschafwaarde	0		0	
Afschrijvingen eerdere boekjaren	0		0	
Aankopen boekjaar	0		0	
Verkopen boekjaar	0		0	
afschrijvingen huidig boekjaar	0		0	
Boekwaarde per 31 december	0	0	0	0
<u>Activa 3</u>				
Aanschafwaarde	0		0	
Afschrijvingen eerdere boekjaren	0		0	
Aankopen boekjaar	0		0	
Verkopen boekjaar	0		0	
afschrijvingen huidig boekjaar	0		0	
Boekwaarde per 31 december	0	0	0	0
<u>Activa 4</u>				
Aanschafwaarde	0		0	
Afschrijvingen eerdere boekjaren	0		0	
Aankopen boekjaar	0		0	
Verkopen boekjaar	0		0	
boekverlies verkoop	0		0	
afschrijvingen huidig boekjaar	0		0	
Boekwaarde per 31 december	0	0	0	0
	0		0	

	31-12-2022		30-12-2021	
	€	€	€	€
Vlottende activa				
<u>Vorderingen</u>				
Debiteuren		0		0
<u>Overlopende activa</u>				
Overlopende activa		0		0
<u>Liquide middelen</u>				
Betaalrekening ING		4.981		3.528
Spaarsaldo ING Scholarship		6.450		0
Spaarsaldo ING Woman Empowerment		3.650		0
Spaarsaldo ING Education		1.000		0
Spaarsaldo ING Health		4.689		0
Spaarsaldo ING PME		1.350		0
		<u>22.119</u>		<u>3.528</u>
Eigen vermogen				
Algemene Reserve				
Kapitaal per aanvang boekjaar		3.528		12.925
Dotatie Reserve		18.000		0
Onttrekkingen Reserve		0		-9.000
Resultaat		591		-397
Kapitaal		<u>22.119</u>		<u>3.528</u>
Individuele Reserve				
Stand per 1 januari		0		0
Dotatie Reserve		0		0
Onttrekkingen Reserve		0		0
Stand per 31december		<u>0</u>		<u>0</u>
Kortlopende schulden				
<u>Omzetbelasting</u>				
Af te dragen omzetbelasting	2022	0		0
Af te dragen omzetbelasting	2022	0		0
Te vorderen omzetbelasting	2022	0		0
KOR	2022	0		0
Betaalde omzetbelasting	2022	0		0
Te vorderen omzetbelasting	2021	0		0
Te betalen Omzetbelasting	2021	0		0
Te betalen omzetbelasting per ultimo boekjaar		<u>0</u>		<u>0</u>
Crediteuren		0		0
Overlopende passiva		0		0
		<u>0</u>		<u>0</u>

Toelichting op de Winst- en verliesrekening

		2022		2021
Omzet	€	€	€	€
Donaties Individueel	51.116		2.275	
Donaties Voorlichting	40.721		1.050	
Donaties Health	17.459		4.296	
Donaties Empowerment	9.300		0	
Donaties NON-Profit Organisaties	5.000		0	
	<u>123.595</u>		<u>7.621</u>	
Kosten				
Afschrijvingskosten				
Activa 1 Afschrijving 2022	0		0	
Activa 2 Afschrijving 2022	0		0	
Activa 3 Afschrijving 2022	0		0	
Activa 4 Afschrijving 2022	0		0	
	<u>0</u>		<u>0</u>	
Reiskosten				
Reiskosten Tanzania	2.661		941	
Parkeren	0		56	
Reiskosten	0		0	
Reiskosten	0		0	
Reiskosten	0		0	
	<u>2.661</u>		<u>996</u>	

	2022		2021	
	€	€	€	€
Algemene kosten				
<u>Kantoorkosten</u>				
opleiding	0		0	
Internet en Telefonie	0		0	
PME kosten	4.823		47	
		<u>4.823</u>		<u>47</u>
<u>Projectkosten</u>				
Health	10.781		3.703	
Faustine	4160,98		0	
Joyce	5.553		0	
Voorlichting	62.355		3.986	
Empowerment	11.622		700	
Toevoeging individuele Project spaarsaldi	18.000		0	
		<u>112.472</u>		<u>8.388</u>
<u>Reiskosten</u>	2.661		996	
		<u>2.661</u>		<u>996</u>
<u>huisvestingskosten</u>				
Contributies / Abonnementen	816		967	
Telefonie / Internet	0		0	
Algemeen	0		165	
Facturen	0		0	
		<u>816</u>		<u>1.132</u>
<u>Algemene kosten</u>				
Algemene kosten	964		0	
Vrijwilligers Vergoedingen	1.000		6.025	
Onkosten Vrijwilligers	19		169	
		<u>1.983</u>		<u>6.194</u>
	<u>122.755</u>		<u>16.758</u>	
<u>Baten banken</u>				
Rente banken	0		0	
Rente leningen	0		0	
		<u>0</u>		<u>0</u>
<u>Kosten van leningen</u>				
Kosten banken	250		260	
Kosten Leningen	0		0	
		<u>250</u>		<u>260</u>

Aansluiting Commercieel - Fiscaal resultaat

Resultaat	€
Commerci�el Resultaat	591

GRONDSLAGEN FINANCIËLE VERSLAGLEGGING

Algemeen

Jaarrekening bestaande uit Balans en Winst & Verliesrekening met toelichting is gebaseerd op de door client verstrekte gegevens. De verantwoordelijkheid voor de juistheid en volledigheid van die gegevens berust bij client.

De jaarrekening is opgesteld op basis van historische kosten. Tenzij anders vermeld zijn activa en passiva opgenomen tegen nominale waarde.
De grondslagen voor waardering en resultaatbepaling zijn ten opzichte van vorig jaar ongewijzigd.

De onderneming betreft een stichting. Doelstelling is nader omschreven in het jaarverslag, conform uittreksel uit het Handelsregister van de kamer van koophandel.

Materiële activa.

De materiële activa zijn gewaardeerd op verkrijgingsprijs. Hierop worden afschrijvingen in mindering gebracht welke zijn gebaseerd op een verwachte levensduur van 5 jaar. De restwaarde is nihil.

Niet uit de balans blijvende verplichtingen

Er zijn geen bijkomende verplichtingen welke niet uit de balans blijken.

Opbouw Reserveringen

In 2022 zal een start worden gemaakt met het opstarten van afzonderlijke reserves welke per project aangesproken kunnen worden.

In verband met reeds lopende projecten die doorlopen naar 2023 is er een reserve om de continuïteit te waarborgen. Hiervoor is de algemene reserve aangesproken om bestaande projecten goed af te kunnen ronden. Stichting Inside The Same heeft geen financiële verplichtingen lopen hierdoor komt de liquiditeit op langere termijn ook niet in gevaar. Het afnemen van de Algemene Reserve is gebaseerd op het afronden van lopende projecten.

Ons beloningsbeleid

De Stichting Inside The Same heeft geen personeel in loondienst. Expertise voor project coördinatie, monitoring en fondsenwerving wordt per periode op freelance-basis ingehuurd om de druk op de kosten zo laag mogelijk te houden. De bestuursleden werken onbezoldigd. Vrijwilligers die zich inzetten voor de stichting kunnen een wettelijk toegestane vrijwilligersvergoeding ontvangen voor hun inzet. Er is een onkosten vergoeding mogelijk mits de onkosten zijn onderbouwd met facturen.